FCB ESCOLA CLINIC
BARCELONA • 2017

ISLFUTBOL

FC BARCELONA ELITE TRAINING
JUNE 10 - JUNE 24, 2017
COME TO BARCELONA
TRAIN LIKE THEM

The FCB Escola Santo Domingo is setup to provide players the same unique methodology that is taught in Barcelona. A couple of times a year, players are given the chance to experience this exclusive training first hand. This privileged group of players will have the opportunity to come to Barcelona, train at the exclusive FC Barcelona Headquarters, and engage in a full agenda of unique and valuable soccer and cultural activities.
TRAINING SESSIONS
FC BARCELONA CLINIC

The players will participate in an advanced and intensive training program offered to very few players around the world. This only-invite program based on the FC Barcelona methodology is created to improve the player’s technique and competitive skills.

The FC Barcelona Elite Training includes:
- 20 training sessions at FC Barcelona Headquarters
- 1 FC Barcelona Coach every 12 players
- 1 FC Barcelona Goal Keeper Coach every 5 players
- 2 FC Barcelona training kit
Train at the exclusive FC Barcelona professional facilities is something unique and only available for selected players. The players will have the opportunity to train at the same fields that have produced the greatest talents such as Messi, Xavi, and Iniesta.
The FC Barcelona Training Sessions are run by Official FC Barcelona coaches who have the highest coaching license there is: The UEFA Pro license.
Take a tour through the majestic, historic Camp Nou arena. Lose track of time being guided through the changing rooms, then onto the official walk way where players such as Messi, Iniesta and Pique walk out each week. Then walk out to see the 100,000+ seat stadium in all its glory! Take a look at the twenty-two La Liga and five Champions League trophies that FC Barcelona have won over the years.
MEET FORMER FC BARCELONA PLAYERS
CAREER ORIENTATION SESSION BY A LEGEND

Meet and learn from a Legend who played and coaches at FC Barcelona. He will share his experiences as a professional soccer player and give you some recommendations in your soccer career.

- Have insider access to the official lounge in Camp Nou Stadium.
- Get a direct insight into life as a profesional by listening to a speech given by an FC Barcelona legend.
- Q&A sessions with former star players
Players will enjoy a soccer session in the beach of Barcelona to train specific exercises of agility and strength. After the session, the players can enjoy a swim in the Mediterranean sea.
Players and families will enjoy themselves at one of the best amusement parks in Europe, Port Aventura. The park attracts around 4 million visitors a year. Be part of a magical experience!
Each year millions of visitors flock to the Catalonia capital to take in the unique beauty, history, and culture of this coastal city. From the international renowned works of Gaudi to the local sidewalk cafes you will experience the city as locals with guides who have lived in Barcelona their entire lives. The culture and experience of Barcelona will stay with you a lifetime.
Players will stay in a premier residence in the heart of Barcelona. Players will be supervised 24h by chaperones.

- Full Board (Breakfast, Lunch and Dinner)
- Mediterranean nutrition
- Special Menu for players with allergies
- Games room
- The residence provides towels/sheets/pillows
- High Speed Wi-Fi and cable
TRIP PACKAGES
ENJOY WITH YOUR FAMILY

PLAYER PACKAGE
- 20 training sessions at FC Barcelona HQ
- 4 FC Barcelona Methodology sessions with FC Barcelona coaches
- 2 FC Barcelona training kit
- ISL Futbol Nike Travel kit and backpack
- 13 Nights at the Athlete’s Residence
- Full Board
- Career orientation session by a Former FC Barcelona Player
- Tickets Port Aventura
- Tickets Historic District Guided Tour
- Beach Session @ Barcelona Beach
- Tickets Camp Nou Experience (Museum + Stadium)
- Tickets Sagrada Familia
- Tickets Parc Guell
- Transfers: Airport, Games, and Activities
- 1 Chaperone every 12 players
- 24/7 Staff Assistance

FAMILY PACKAGE (PER INDIVIDUAL)
- Access to the FCB Training sessions
- Career orientation session by a Former FC Barcelona Player
- Tickets Port Aventura
- Tickets Historic District Guided Tour
- 2 Beach Sessions
- Tickets Camp Nou Experience (Museum + Stadium)
- Tickets Sagrada Familia
- Tickets Parc Guell
- Transfers: Airport, Games, and Activities
- 1 Chaperone every 12 players
- 24/7 Staff Assistance

*All activities will be together with the players

PRICE: $3,750
*FLIGHT NOT INCLUDED

PRICE: $1,295
*FLIGHT NOT INCLUDED
## TENTATIVE SCHEDULE
### WEEK 1 • JUNE 9 - JUNE 16, 2017

<table>
<thead>
<tr>
<th>Day</th>
<th>9AM</th>
<th>1PM-3PM</th>
<th>3PM-8PM</th>
<th>8PM-10PM</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FRIDAY 9</strong></td>
<td></td>
<td><strong>Departure to Barcelona</strong></td>
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<tr>
<td><strong>SATURDAY 10</strong></td>
<td><strong>Arrival to Barcelona</strong></td>
<td><strong>Check in at the Residence and Lunch</strong></td>
<td><strong>Camp Nou Experience (Museum + Stadium)</strong></td>
<td><strong>Dinner &amp; Curfew</strong></td>
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<tr>
<td><strong>SUNDAY 11</strong></td>
<td>Breakfast</td>
<td><strong>Port Aventura</strong></td>
<td></td>
<td><strong>Dinner &amp; Curfew</strong></td>
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<tr>
<td><strong>MONDAY 12</strong></td>
<td>Breakfast</td>
<td>Training Session @ FCB HQ</td>
<td>Lunch</td>
<td>Training Session @ FCB HQ</td>
</tr>
<tr>
<td><strong>TUESDAY 13</strong></td>
<td>Breakfast</td>
<td>Training Session @ FCB HQ</td>
<td>Lunch</td>
<td>Training Session @ FCB HQ</td>
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<tr>
<td><strong>WEDNESDAY 14</strong></td>
<td>Breakfast</td>
<td>Training Session @ FCB HQ</td>
<td>Lunch</td>
<td>FCB Methodology Session &amp; Training Session @ FCB HQ</td>
</tr>
<tr>
<td><strong>THURSDAY 15</strong></td>
<td>Breakfast</td>
<td>Training Session @ FCB HQ</td>
<td>Lunch</td>
<td>Training Session @ FCB HQ</td>
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<tr>
<td><strong>FRIDAY 16</strong></td>
<td>Breakfast</td>
<td>Training Session @ FCB HQ</td>
<td>Lunch</td>
<td>FCB Methodology session &amp; Training Session @ FCB HQ</td>
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*The tentative schedule is subject to change*
# TENTATIVE SCHEDULE

**WEEK 2 • JUNE 17 - JUNE 24, 2017**

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<thead>
<tr>
<th></th>
<th>9AM</th>
<th>1PM-3PM</th>
<th>3PM-8PM</th>
<th>8PM-10PM</th>
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</thead>
<tbody>
<tr>
<td><strong>SATURDAY 17</strong></td>
<td>Breakfast</td>
<td>Beach Session</td>
<td>Lunch</td>
<td>Sagrada Familia Guided Tour</td>
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<tr>
<td><strong>SUNDAY 18</strong></td>
<td>Breakfast</td>
<td>Historic District Guided Tour</td>
<td>Lunch</td>
<td>Parc Guell Tour</td>
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<tr>
<td><strong>MONDAY 19</strong></td>
<td>Breakfast</td>
<td>Training session @ FCB HQ</td>
<td>Lunch</td>
<td>Training Session @ FCB HQ</td>
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<tr>
<td><strong>TUESDAY 20</strong></td>
<td>Breakfast</td>
<td>Training Session @ FCB HQ</td>
<td>Lunch</td>
<td>FCB Methodology Session &amp; Training Session @ FCB HQ</td>
</tr>
<tr>
<td><strong>WEDNESDAY 21</strong></td>
<td>Breakfast</td>
<td>Training Session @ FCB HQ</td>
<td>Lunch</td>
<td>Training Session @ FCB HQ</td>
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<tr>
<td><strong>THURSDAY 22</strong></td>
<td>Breakfast</td>
<td>Training Session @ FCB HQ</td>
<td>Lunch</td>
<td>FCB Methodology Session &amp; Training Session @ FCB HQ</td>
</tr>
<tr>
<td><strong>FRIDAY 23</strong></td>
<td>Breakfast</td>
<td>Training session @ FCB HQ</td>
<td>Lunch</td>
<td>Training Session @ FCB HQ</td>
</tr>
<tr>
<td><strong>SATURDAY 24</strong></td>
<td>Breakfast</td>
<td></td>
<td>Lunch</td>
<td>Departure</td>
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*The tentative schedule is subject to change*
FREQUENTLY ASKED QUESTIONS

How do the FC Barcelona Escola coaches select the players?
Players are selected by 2 criteria: skills and FC Barcelona values. Coaches put the same emphasis on playing ability and behavior. It is of the utmost importance players carry themselves whilst following the main FCB values: Humility, Respect, Effort, Ambition and Teamwork.

While the players are training, do the families need to be at the training facilities?
They are more than welcome to watch the training sessions but they are free to tour the city if they want. That is why the chaperones are with the players 24/7.

Will the players be rooming with the family members?
No, the players will stay in the player’s residence residence and the families will need to look for their own accommodation. ISL Futbol can advise you on the best areas to stay. Players traveling without a family member will be rooming with their teammates and supervised 24/7 by the chaperone.

How long are going to be the FCB training sessions?
Each FCB training sessions will last 2 hours and the players will receive 20 sessions during the 2 week program.

How long are going to be the FCB methodology sessions?
Each FCB methodology sessions will last 1 hour and the players will receive 4 sessions during the 2 weeks program.

Do the players have free time to spend time with their family members?
Yes, players will have free time after the second training session of the day at the evening. Families are welcome to spend time with the players but they need to notify the ISL staff so we know where are the players at all times.

Do the players eat together with the rest of the team and the chaperones?
Yes, players will eat together as a team and supervised by their chaperone at the residence. If the parents want to have the players for a meal out, that should be notified to their chaperone and they will be responsible to get the players in time for the next activity in the program.
FREQUENTLY ASKED QUESTIONS

Can I/we make my own air travel arrangements?
Yes, you may book your own flights. ISL Futbol can facilitate travel arrangements if needed.

What if I/we have any questions during the trip?
ISL Futbol have a director, head of chaperones and a number of bilingual chaperones that will be there to help you 24/7.

Does ISL Futbol provide soccer gear for the players?
Yes, each player will receive 2 FC Barcelona Training kit (jersey, shorts and socks), and 1 ISL Futbol Travel kit (Nike polo, shorts, socks, rain jacket and backpack).

What is the best way to transport soccer gear?
ISL Futbol suggests players bring their football equipment in a carry-on bag to avoid any delayed if in the unfortunate event a bag get lost during transits.

What happens if my child looses part of the ISL gear?
ISL Futbol is not responsible if a player looses an item of the clothing. Therefore will not be able to supply with any additional kit. You will be able to purchase extra gear if that would happen.

What are the best methods of payment once in Spain?
The current currency in Spain is the Euro since Spain is part of the European Community. But, ATM’s are available all over Barcelona and most of the stores and business accept credit cards as a method of payment (except American express).

Will my cell phone work in Spain?
Most cell phones won’t work in Europe because they need to be tri-band and have the European provider. But if they work, making and receiving phone calls will be more expensive than usual.

What is the electricity supply in Spain?
The electricity supply in Spain is different than in North America so we suggest you travel with an adaptor or converter.
FREQUENTLY ASKED QUESTIONS

Do I need a passport to travel?
Yes it is required to have a valid passport with at least 6 months of validity remaining to travel to Barcelona.

Do I need a Visa for joining the program?
No Visa is required for UE, US or Canada passport holders for a stay up to 90 days. Please check with your embassy for Visa requirements.

Can I send my child without a parent?
Yes, ISL Futbol will provide a chaperone 24/7 that will be traveling with him/her and taking care during the whole trip. ISL Futbol will need a minor consent that will allow our chaperone to travel with the player.

Do I need an insurance to travel?
All Players must have their own medical coverage. The Organization provides only excess coverage (does not cover deductibles) after your insurance policy has been utilized.

Where does ISL Futbol meet you when you arrive to Barcelona?
ISL Futbol has members of staff waiting just outside the arrivals area at the Barcelona airport.

What if my child has food allergy?
ISL Futbol will ensure every food allergy is well taken care and the player still receive a nutritious Mediterranean meal three times a day.

What if my child requires medication?
Players will need to bring their medication and hand them to the ISL chaperones who provide the medication whenever needed.

Do I need to get inoculations?
No inoculations are required when traveling between the North America and Europe. Please check with your physician.

Can I speak with previous players and families to hear about their experiences in Barcelona?
Of course. Please contact us at experience@fcbarcelona.us and we can give you their contact information.
CONTACT US
OFFICES IN BOTH USA AND BARCELONA

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